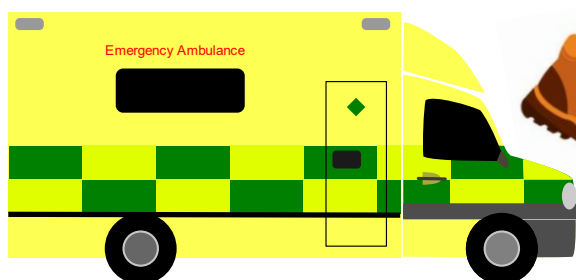




WALK, PRAY, GIVE FOR UKRAINE 2



May 2025

Walk, Pray, Give is back!

Join us throughout May to walk (or run, cycle or wheel) the distance from our warehouse to Donetsk, Ukraine, raising funds for another emergency vehicle, and to pray for those affected by the war.

How does Walk, Pray, Give work?

Walk – we aim to walk a collective total of 2,220 miles between everyone joining in. Join one of our group walks or email the number of miles you have walked (or run, cycled or wheeled) to julie@internationalaidtrust.org.uk each week to help us reach our total.

Give – donate £1 per mile you walk, get sponsored or sponsor those walking, to help us to purchase and deliver another emergency vehicle.

Pray – download prayer cards to pray at home, with your group or church or whilst walking, for all those affected by the war.

Visit www.internationalaidtrust.org.uk for more information, prayer cards, sponsorship forms and dates for group walks.

Email office@internationalaidtrust.org.uk telephone 01772 611000

Charity Registration No. 1086597



WALK, PRAY, GIVE FOR UKRAINE 2



May 2025

Walk, Pray, Give is back!

Group Walks

We have two organised walks that you can join in with, both approximately 5 miles in length.

Saturday 10th May, Tarleton, near Preston 10am

Meet at our warehouse: International Aid Trust, Briery Lane, Off Blackgate Lane, Tarleton, Preston, PR4 6UU, just before 10am for a low level walk including country lanes and the River Douglas.

Saturday 17th May, Edgworth, near Bolton, 10am

Meet at The Barlow Institute carpark, Bolton Rd, Edgworth, Bolton BL7 0AP, just before 10am, for a countryside and woodland walk.

There will also be an opportunity to pray together after both of the group walks.

Visit www.internationalaidtrust.org.uk for more information, prayer cards and sponsorship forms.

Email office@internationalaidtrust.org.uk telephone 01772 611000

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