

*In***t**ernational  
Aid Trust

*Christian Compassion For A Hurting World*

# UKRAINE EMERGENCY APPEAL



## Updated Practical Aid Needed

### Food

Pasta, rice, tinned meat, tinned fish, tinned beans, packet soups  
(with at least 1 year's best before date)

### Medical

Dressing wound packs, bandages, gauze, gamgee pads, surgical gloves, surgical adhesive tape, saline steri pods, masks, first aid kits, antiseptic creams, paracetamol, ibuprofen, heat pads, pressure dressings for wounds, tubi grip, tourniquets

### Toiletries

Soap, toothpaste, toothbrushes, flannels, shampoo, sanitary towels, nappies.

Please take to our warehouse: International Aid Trust,  
Sherdley Road Industrial Estate, Lostock Hall, PR5 5JF  
(tel: 01772 619888) or your local drop off point

**For further information please contact the office tel: 01772 611000  
Email: [office@internationalaidtrust.org.uk](mailto:office@internationalaidtrust.org.uk)**