Shoebox Guidelines:

- Gift wrap the box and lid separately so lid can be lifted off, don't wrap individual items, use an elastic band to hold the box together.
- Choose the age and gender of the person you want to receive your shoe box and fill the box with suitable items. We deliver shoe boxes to all ages from babies to adults.
- Label the box with who it is for e.g: Girl aged 2- 4, Boy aged 8-10, Adult Female aged 60+ etc.

International Aid Trust

Christian Compassion For A Hurting World

Things you could include:

- **Toiletries:** toothbrush, toothpaste, soap, flannel or sponge, comb, hair bobbles, roll on deodorant *No sprays, medicines, vitamins, tablets, matches or perishables.*
- **Toys:** Small toys, cuddly toys, balls, skipping rope, games, small jigsaws etc. *No guns or war toys.*
- **Clothes:** Socks, T-shirts, hats, scarves, gloves, underwear, socks, Babygro for little ones.
- **Stationery:** pens, pencils, crayons, eraser, sharpener, notebooks, colouring books, *if sending scissors to children, please ensure they are round ended safety type.*
- **Practical items:** plastic bowl, cup, cutlery. For teens and adults: a small sewing kit, string, safety pins, a wind up torch or plasters are all helpful.
- **Personal :** a gift like a friendship bracelet, a greetings card, *please don't include your contact details.*

Transport:

We suggest a donation of £2 per box and are very grateful for all donations towards shoebox transport. Please do not put any money inside or attached to boxes, if possible pay donations directly into our bank account: Royal Bank of Scotland; Sort Code 16 28 16, Account 10075885, and email office@internationalaidtrust.org.uk to let us know who the donation is from e.g church /group. Or alternatively please send a cheque payable to International Aid Trust.

Please email office@internationalaidtrust.org.uk
to arrange your shoebox drop off or collection.
Thank you very much for your support and taking part in our shoebox scheme!

Patron: The Lord Shuttleworth KG KCVO Patron: Baroness Cox of Queensbury
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