## Time for an Adventure!



Christian Compassion For A Hurting World

Registered Charity No. 1086597

## Ready for a change of scenery?

Join International Aid Trust on a 'Virtual Tour' of our work around the world! A great way to keep motivated to exercise, find out more about our life changing work and help raise much needed funds.



## How it works

- To join in please make a donation of £10 (you can choose to make a larger donation or to be sponsored) and email julie@internationalaidtrust.org.uk to register your interest.
- Keep track of how many miles you have walked, run or cycled each week (You could also do this on an exercise machine or just walking up and down stairs etc.).
- You email your miles in every Thursday, these are all added together and that total is how far the group has 'travelled' that week.
- We email you each Friday with the location we have reached including photos, weather and things you could do there and related activities for children.

When we reach a place where International Aid Trust work, we will send pictures of and information about our work there, taster:

Week

We have now collectively travelled 1506 miles and arrived at Motovilovka! We will be staying in the flat above the International Aid Trust distribution warehouse, next to the Church.



Start counting your miles from Monday 22<sup>nd</sup> February. We plan to have virtually visited Eastern Europe, India and West Africa (and other places in between) and be back at Chorley to celebrate International Aid Trust's 30<sup>th</sup> birthday in September!

Donations can be paid directly into our bank account: RBS; Sort Code: 16 28 16, Account: 10075885, Please let us know by email that you have made a donation.

Or post a cheque to

International Aid Trust, The Galleries, Croft Mill, Pall Mall, Chorley, PR7 3LT

Please include a note of what your donation is for. If you would like to be sponsored by friends and family please let us know and we will send you a sponsor form.

We'll meet the children who live at 'House of Joy'!
You can also enjoy a stroll by the river.



Please visit the upcoming events page on

www.internationalaidtrust.org.uk or email

julie@internationalaidtrust.org.uk to join in or for information.